

sedtime Stories For The Little Ones

UNCLE WIGGLY AND THE WHITE BERRIES.

By HOWARD GARIS.

NURSE JANE FUZZY WUZZY, the musty lady housekeeper for Uncle Wiggly Longears, sat in the parlor of the hollow stump bungalow, looking at a bunch of red berries in a flower vase.

"What's the matter?" asked the bunny rabbit gentleman, as he noticed her. "Don't you like the red berries I brought you yesterday, Nurse Jane? Remember they saved me from the fox. He thought the red berries were my pink, twinkling nose, and he jumped into a briar bush."

"Yes, you told me," said Nurse Jane. "Oh, indeed, I like these red berries very much. I was just wishing we had more."

"Enough said!" cried the bunny, in his quick impulsive way. "I shall go out and get you more of the red berries, Nurse Jane, my dear."

"Oh, I didn't mean for you to do that!" spoke the musty lady housekeeper. "Suppose the fox should get you this time!"

"Oh, don't worry about him!" laughed Uncle Wiggly. "I think he's

is still safe in the briar bush. I'll go out and get you some more red berries."

So Uncle Wiggly hopped over the fields and through the woods, looking for more red berries for Nurse Jane. But, though he twisted his pink nose like a strawberry, he could not find a single one. He looked here and there with his bright eyes, but not a red berry could he see.

"Well, I guess the fox must have eaten them all up, so I couldn't find any again," he mumbled to himself. "Perhaps these will do just as well. Nurse Jane can dip them white berries in some of the juice she has left over after making grape jelly, and color them red or purple. I'll pick some white berries."

So, thinking this would be a good way out of the trouble, and still would please his musty lady housekeeper, the bunny rabbit gentleman picked a large bunch of the white berries. They were larger than the red ones, and were quite round and hard and white.

"I don't believe they're good to eat," thought Mr. Longears. "But, colored red, they will look pretty in a vase on the mantel."

He was hopping along, wondering whether he would have an adventure that day, when, all of a sudden, he heard a rustling in the bushes.

"Clear me!" said Uncle Wiggly, half out loud. "I hope this isn't the Pipsqueak or the Squeakie."

He was just going to run away, when out of the bush popped Johnnie and Billie Bunsytail, the two squirrel boys.

"Hello, Uncle Wiggly," they chattered. "We hope we didn't scare you!"

"Well, you did, just for a moment," answered the bunny, laughing and twiggling his pink nose. "But it's all

A Line O' Cheer

Each Day O' The Year

By JOHN MENDRICK BAKER.

A CHOICE.

WHY gaze too far ahead

Imagining things of dread

That lie beyond.

When right beside you here

Are things of present cheer

To kill despond?

For me I'll never borrow

The troubles of tomorrow

But make the best

Of all the lovely flowers

With which the passing hours

Are richly blest.

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right now, I'm glad it's you and not

Pip or Squeak."

"So are we," spoke Johnnie and

Billie. And Johnnie asked: "May we

help you carry the white berries, Uncle Wiggly?"

"Thank you! If you wish," answered the bunny, and he gave a

bunch to each of the squirrel boys.

They were all going along to

gather, as happy as Johnnie and Billie

Longtail, the mice children, in an

atle on a rainy day, when, all of a

sudden, Uncle Wiggly tripped over the

squirrel boys by their bushy tails, and

whispered:

"What's the matter?" chattered

Billie.

"Look! Just ahead of us!" whispered

the bunny. "There's the Pip and

Squeak!" And, surely enough, there

the two had come, on the path

right in front of Uncle Wiggly and

the squirrel boys.

"Oh, boy! Ah, ha!" cried the Pip

and Squeak. "This is the time we

have caught you, Uncle Wiggly!"

"Yes, I guess you have," sadly

spoke the bunny. "I have no red

berries now, with which to feed you,

as I fooled the fox to make you

jump into a briar bush. Alas! I

have no red berries."

"No, but we have some white

ones!" cried Billie and Johnnie. "We

have round, hard white berries, and

we have our bush blowers, Uncle

Wiggly."

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Beauty Chats By Edna Kent Forbes

The Value of Yeast.

I HAVE found through my corre-

spondence that comparatively few

people, particularly in the eastern

part of the country, know the value

of yeast as a health and beauty

treatment. Recent experiments have

shown that it is an almost certain

remedy for treating boils, carbuncles,

constipation and other bowel dis-

orders and that consequently it is in-

valuable in the treating of pimples,

blackheads and a sluggish complexion.

In the treating of pimples and

blackheads, which are the commonest

results of stomach and bowel dis-

orders, a combination of internal and

external treatment will be most ef-

fective. Take anywhere from one

half to one cake of yeast three times

a day just before meals. This can

be dissolved in water, or if the taste

is too unpleasant, it can be put in

small pieces and enclosed in the hol-

low gelatine capsules which drug

stores carry. Avoid heavy or very

rich foods. Get plenty of outdoor

exercise, sleep, and take a daily

warm bath to clear the poisons from

the surface of the skin. As an exter-

nal treatment, make a thin paste of

yeast and water and spread on the

affected part of the skin just before

retiring at night. Rinse off in the

morning.

The effect of the yeast, of course,

is laxative, and it also clears the

blood. It is not a drug and is recom-

mended by practically all physicians.

Questions and Answers.

Miss Irene—As you reduce in weight

the best will reduce in proportion to

the body. You can prevent sagging

of the flesh by a daily 10 minute ice

rub. If you do not wish to get stout

this winter, take plenty of outdoor

exercise and avoid starchy foods and

heavy meats.

A Reader—Yeast marks you

speak of on your skin will disappear

of themselves after a time. You can

hasten the process by pricking them

with a sterilized needle, and if you

make the spot antiseptic by touching

it with peroxide, it will not leave a

scar. The face powder you use is

pure and will not cause trouble.

A Reader—Yeast is a fairly tall

but she can make herself seem less

than her actual height by wearing

shoes with low or military heels.

Dresses with tucks and trimming

that run sideways will break the

height of her figure. She should

either loquax or hats with fairly large

brims.

Wiggly! Watch us blow the white

berries at the Pip and Squeak!"

And the two brave squirrel boys

with their hollow tin bean blowers, blew

so many of the hard white berries

at the bad boys, hitting them on

their noses, that the Pip and Squeak

cried:

"Oh, wow! O' trolley cars! O,

we'll be good!" and away they ran,

not hurting Uncle Wiggly at all.

So you see it was a good thing he

had the white berries.

Nurse Jane thought them so pre-

tty she did not color them red or

purple. And if the telephone doesn't

talk in its sleep, and wakes up the

gold fish, I'll tell you next about

Uncle Wiggly and the landlady—

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HOROSCOPE

FRIDAY, NOVEMBER 21, 1918.

THIS early morning of this day

T should be fortunate for mortals,

according to astrology, for Jupiter

and Saturn rule strongly for good.

Later, Neptune is in evil place.

Commerce and large business un-

der takings of every sort are subject

to the best direction of the stars.

While gigantic anti-trust cases of novel

character will be launched success-

fully, persons in retail trade should

be very careful.

Thriftiness are subject to a rule

making for the ready acceptance

and many reforms in social customs

are foretold.

The more prudent some sort of a

movement that will affect fashions

in dress, an effort being made toward

the standardization of modes and

economy in expenditures. This is one

of the prophecies made two years ago

when the dawning of the new era

was recognized as near at hand.

Saturn is in an aspect read

as promising better conditions relating

to the mining industry and those

who work in it.

The aged should greatly benefit

during this way which makes for

financial gain as well as an access of

physical power.

Neptune is in sinister aspect, mak-

ing for the spread of unseemly gos-

sip and base slander. This may

reach the highest in political, profes-

sional and social circles.

Education continues under a direction

of the stars that makes for per-

sistent reforms which may go too